

2014 Girls Section 5A Championship

St. John's University, Collegeville, MN - 5/28/2014

TEAMS:

1) Annandale	66	2) Litchfield	64
3) Paynesville Area	58	4) Holdingford	47
5) Maple Lake	42	6) Foley	40
7) Atwater-Cosmos-Grove City	35.50	8) St. Cloud Cathedral	34.50
9) Rockford	34	9) Rush City	34
11) Albany	33	11) Milaca	33
13) Spectrum	32	14) Mora	25
15) Belgrade-Brooten-Elrosa	20	15) Eden Valley-Watkins/Kimba	20
17) Melrose Area	19	18) Howard Lake-Waverly-Winst	11
19) St. Cloud Christian	8	19) New London-Spicer	8
21) Braham High School	7	22) St. John's Prep	6
22) Royalton	6	24) Pierz	5
25) East Central	4	25) Ogilvie	4
27) Mille Lacs	3	28) Community Christian	2
29) Pine City	1		

Girls 100 Meter Dash		Meet Record: % 12.40	1986	Sara Realdson, Paynesville		
Name	Year School		Prelims	Finals	Wind	Points
1 Vanessa Brenny	11 Foley		13.33	12.81 QUAL	NWI 10	
2 Kayla Nelson	11 Rush City		13.03	12.99	NWI 8	
3 Rycheil Gjovik	9 Litchfield		13.35	13.13	NWI 6	
4 Mckenzie Schulte	10 Holdingford		13.57	13.16	NWI 5	
5 Kalley Lang	10 Atwater-Cosm		13.36	13.27	NWI 4	
6 Logan Henrich	8 Rockford		13.50	13.32	NWI 3	
7 Calisha Norgren	11 Annandale		13.58	13.41	NWI 2	
8 Allison Eustice	10 Mora		13.65	13.48	NWI 1	

Girls 200 Meter Dash		Meet Record: % 25.36	2002	Shanda Larsen, Holdingford		
Name	Year School		Prelims	Finals	Wind	Points
1 Kayla Nelson	11 Rush City		26.64	26.84	-0.2 10	
2 Rycheil Gjovik	9 Litchfield		27.43	27.34	-0.2 8	
3 Mariah Givens	12 Rockford		27.44	27.48	-0.2 6	
4 Kalley Lang	10 Atwater-Cosm		27.57	27.49	-0.2 5	
5 Danielle Lundberg	11 Ogilvie		28.05	27.57	-0.2 4	
6 Kassie King	8 Litchfield		27.36	27.60	-0.2 3	
7 Rachael Anderson	12 Mora		27.89	28.00	-0.2 2	
8 Abby Duevel	11 Royalton		27.86	28.43	-0.2 1	

Girls 400 Meter Dash		Meet Record: % 57.83	2002	Shanda Larsen, Holdingford		
Name	Year School		Seed	Finals	H#	Points
1 Kayla Nelson	11 Rush City		59.80	58.33 QUAL	2	10
2 Katelyn Spanier	9 Paynesville		1:01.12	58.72 QUAL	2	8
3 Marisa Fiecke	11 Howard Lake-		1:00.56	59.37	2	6
4 Abby Duevel	11 Royalton		1:01.49	1:00.86	2	5
5 Emmy Whitesell	12 Annandale		1:01.67	1:01.53	2	4
6 Rachael Preusser	10 Holdingford		1:01.56	1:01.99	2	3
7 Sophie Loberg	11 St. Cloud Ca		1:03.04	1:02.10	1	2
8 Madison Whitcomb	10 Atwater-Cosm		1:02.37	1:02.27	2	1

Girls 800 Meter Run		Meet Record: % 2:19.00	1982	Charlene Hubbard, Becker		
Name	Year School		Seed	Finals	H#	Points
1 Emily Weiss	9 Albany		2:23.11	2:19.18 QUAL	2	10
2 Kayla Zimmerman	12 Spectrum		2:23.82	2:20.94	2	8
3 Emily Donnay	11 Eden Valley-		2:29.80	2:25.56	2	6
4 Sommer Carlson	10 Maple Lake		2:30.37	2:27.02	1	5
5 Rachel Eickhoff	11 St. Cloud Ca		2:26.24	2:28.09	2	4
6 Morgan Durbin	12 St. Cloud Ca		2:28.74	2:29.45	2	3
7 Emily Wolter	11 Holdingford		2:28.95	2:30.11	2	2
8 Katelyn Spanier	9 Paynesville		2:32.42	2:31.04	1	1

Girls 1600 Meter Run		Meet Record: % 4:55.80	1986	Michelle Marthaler, Belgrade-Brooten		
Name	Year School		Seed	Finals		Points

1	Bethany Coop	12	Mora	5:21.00	5:22.47	10
2	Abigail Botten	12	Rockford	5:33.20	5:25.26	8
3	Rachel Eskuri	12	Braham High	5:33.87	5:28.29	6
4	Kaylyn Bowen	7	Rush City	5:41.22	5:37.98	5
5	Jane Hulterstrum	10	Litchfield	5:41.93	5:40.64	4
6	Olivia Mokhtary	8	Holdingsford	5:59.14	5:48.88	3
7	Elsie Duininck	8	Community Ch	6:01.40	5:52.47	2
8	Emily Knudsvig	9	Annandale	6:00.90	5:54.62	1

Girls 3200 Meter Run		Meet Record: % 11:01.71 2001		Jenny Hess, Paynesville		
Name	Year	School	Seed	Finals		Points
1	Courtney Alama	12	Annandale	11:27.48	11:23.62	10
2	McKenzie Holt	12	St. Cloud Ch	11:33.62	11:36.49	8
3	Elizabeth Schlafke	10	Annandale	11:37.21	11:45.65	6
4	Rebecca Peterson	12	Spectrum	11:51.07	11:46.72	5
5	Paige Danielson	11	St. Cloud Ca	12:06.31	11:55.70	4
6	Emily Frisbie	7	Foley	12:02.54	12:04.14	3
7	Bethany Coop	12	Mora	11:52.41	12:08.33	2
8	Halle Geyen	9	Maple Lake	11:57.56	12:30.50	1

Girls 100 Meter Hurdles		Meet Record: % 14.70 1997		Kara Hedin, Dassel-Cokato		
Name	Year	School	Prelims	Finals	Wind	Points
1	Kari Hoeft	12	Paynesville	15.55	15.59 QUAL	0.5 10
2	Allie Terpstra	11	Milaca	16.96	15.93 QUAL	0.5 8
3	Jordan Weeding	12	Rockford	16.42	16.03 QUAL	0.5 6
4	Lorna Bechtel	9	Spectrum	16.90	16.86	0.5 5
5	Alana Brenny	10	St. John's P	17.29	16.89	0.5 4
6	Brynna Gorackzkowsk	10	Litchfield	17.15	16.95	0.5 3
7	Jordan Sifferle	10	Maple Lake	17.23	17.06	0.5 2
8	Sarina Staurseth	12	Spectrum	16.95	17.22	0.5 1

Girls 300 Meter Hurdles		Meet Record: % 45.46 2004		Abby Lien, St Cloud Cathedral		
Name	Year	School	Seed	Finals	H#	Points
1	Kari Hoeft	12	Paynesville	48.09	47.07	2 10
2	Summer Storm	10	Holdingsford	49.08	47.59	2 8
3	Madison Kasper	11	Annandale	49.92	48.07	2 6
4	Ashton Engelke	7	New London-S	50.26	48.61	2 5
5	Jordan Weeding	12	Rockford	49.13	48.67	2 4
6	Abbey Straley	10	Eden Valley-	50.63	49.59	1 3
7	Morgan Peterson	11	St. Cloud Ca	50.12	49.68	2 2
8	Cally Roering	10	Melrose Area	50.30	49.71	2 1

Girls 4x100 Relay		Meet Record: % 49.89 2002 Holdingsford		T Disher, S Larsen, K Bullert, C Rausch		
School		Seed	Finals			Points
1	Annandale	52.35	51.39			10
	1) Madison Kasper 11			2) Emmy Whitesell 12		
	3) Calisha Norgren 11			4) Kamryn Dheilily 8		
2	Foley	51.93	51.58			8
	1) Abby Genereau 12			2) Alycia Chmielewski 12		
	3) Gretchen Wipper 12			4) Vanessa Brenny 11		
3	Rockford	52.26	51.62			6
	1) Logan Henrich 8			2) Jordan Weeding 12		
	3) Cally Nielsen 12			4) Mariah Givens 12		
4	Litchfield	53.17	52.07			5
	1) Marley Virnig 11			2) Kassie King 8		
	3) Khilah Miller 7			4) Rycheil Gjovik 9		
5	Milaca	53.65	52.70			4
	1) Sarah Forker 12			2) Emma Johnson 8		
	3) Nicole Peterson 10			4) Allie Terpstra 11		
6	New London-Spicer	53.49	53.02			3
	1) Hannah Kingman 12			2) Lauren Bratberg 11		
	3) Courtney Henjum 9			4) Nicole Arnold 10		
7	St. Cloud Cathedral	55.05	54.75			2
	1) Bria Halstrom 12			2) Anika Wirth 7		
	3) Marlo Bristow 11			4) Lauren Zenzen 9		
8	Braham High School	54.41	56.52			1

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|-------------------------|-----------------------|
| 1) Jaclyn Hollenkamp 10 | 2) Shamaria Jordan 10 |
| 3) Miranda Wickman 10 | 4) Jenna Winter 12 |

Girls 4x200 Relay Meet Record: % 1:45.26 2000 Delano

School	Seed	Finals	Points
1 Holdingford	1:49.00	1:48.17	10
1) Rachael Preusser 10	2) McKenzie Schulte 10		
3) Lizzie Solarz 10	4) Arianna Vasilj 9		
2 Foley	1:48.77	1:48.55	8
1) Kerstin Strosahl	2) Alycia Chmielewski 12		
3) Abby Genereau 12	4) Vanessa Brenny 11		
3 Annandale	1:51.37	1:50.93	6
1) Jenna Loch 11	2) Katelyn Provo 11		
3) Hannah Medvec 10	4) Kamryn Dheilly 8		
4 Paynesville Area	1:51.72	1:51.17	5
1) Rebecca Jimenez 10	2) Kari Hoeft 12		
3) Jacquelyn Hoeft 8	4) Katelyn Spanier 9		
5 Mora	1:51.15	1:52.12	4
1) Rachael Anderson 12	2) Catie Pegg 8		
3) Laura McCallum 10	4) Allison Eustice 10		
6 Maple Lake	1:52.83	1:52.40	3
1) Megan Webb 10	2) Brynn Paumen 8		
3) Kayla Hoistad 11	4) Caitlin Weege 8		
7 Atwater-Cosmos-Grove City	1:53.04	1:52.41	2
1) Kalley Lang 10	2) Kendra Miller 9		
3) Shayna Kaddatz 11	4) Madison Whitcomb 10		
8 Pine City	1:54.41	1:57.19	1
1) Kaylyn Utecht 11	2) Jordan Kotek 10		
3) Elsie Lundquist 9	4) Alexis Pankonin 8		

Girls 4x400 Relay Meet Record: % 4:02.11 2004 Delano S Swenson, A McCannel, A Nelson, R Jaunich

School	Seed	Finals	H#	Points
1 Albany	4:09.68	4:09.49	2	10
1) Allyson Wenzel 12	2) Cassandra Solis 12			
3) Emma Seiler 8	4) Emily Weiss 9			
2 Holdingford	4:09.81	4:10.95	2	8
1) Rachael Preusser 10	2) Summer Storm 10			
3) Lizzie Solarz 10	4) Arianna Vasilj 9			
3 St. Cloud Cathedral	4:19.24	4:16.87	2	6
1) Sophie Loberg 11	2) Morgan Peterson 11			
3) Rachel Eickhoff 11	4) Morgan Durbin 12			
4 Howard Lake-Waverly-Winsted	4:24.02	4:19.78	1	5
1) Abby Miller 12	2) Jenna Koosman 9			
3) Camden Schank 8	4) Marisa Fiecke 11			
5 Eden Valley-Watkins/Kimball*	4:19.84	4:19.86	2	4
1) Brittany Hesse 12	2) Abbey Straley 10			
3) Savanna Gohmann 11	4) Emily Donnay 11			
6 Maple Lake	4:20.77	4:25.06	2	3
1) Megan Webb 10	2) Brielle Paumen 7			
3) Maddie Gagnon 12	4) Sommer Carlson 10			
7 Litchfield	4:21.24	4:26.44	2	2
1) Sydney Weires 10	2) Laney Huhner 7			
3) Jane Hulterstrum 10	4) Lexi Ellson 8			
8 Rush City	4:31.21	4:31.27	1	1
1) Jamie Guptill 7	2) Kaylyn Bowen 7			
3) Sydney Manske 11	4) Hannah Fleischhacker 11			

Girls 4x800 Relay Meet Record: % 9:33.25 1996 Pierz

School	Seed	Finals	Points
1 Litchfield	10:03.35	9:50.97	10
1) Savannah Ramirez 12	2) Jane Hulterstrum 10		
3) Mariah Hoff 11	4) Ali McGraw 11		
2 St. Cloud Cathedral	10:04.89	9:55.99	8
1) Rachel Eickhoff 11	2) Morgan Durbin 12		
3) Paige Danielson 11	4) Kate Tomczik 8		
3 Annandale	10:16.62	10:01.24	6
1) Shanna Grambart 12	2) Elizabeth Schlafke 10		
3) Marina Chapman 11	4) Courtney Alama 12		

4 Albany	10:11.67	10:01.74	5
1) Abby Blonigen 11	2) Emma Seiler 8		
3) Silvia Novaco 12	4) Emily Weiss 9		
5 Maple Lake	11:13.50	10:15.49	4
1) Jessie Wohlrabe 12	2) Blair Stewig 12		
3) Halle Geyen 9	4) Sommer Carlson 10		
6 Eden Valley-Watkins/Kimball*	10:24.65	10:16.69	3
1) Courtney Geislinger 9	2) Chelsey Barthel 9		
3) Amaya Lyrek 7	4) Emily Donnay 11		
7 Holdingford	10:16.07	10:18.55	2
8 Mora	10:32.76	10:28.45	1
1) Madeline Dopp 11	2) Emma Venhuizen 10		
3) Sarah Crider 11	4) Brook Wedin 9		

Girls High Jump		Meet Record: % 5-09.50	1995	Carrie Braness, Litchfield		
Name	Year School	Seed	Finals	Points		
1 Taylor Gregory	12 Belgrade-Bro	5-02.00	5-01.00	10		
2 Lorna Bechtel	9 Spectrum	4-10.00	5-01.00	8		
3 Brynn Paumen	8 Maple Lake	5-00.00	5-01.00	6		
4 Karna Terpstra	10 Milaca	5-01.00	4-11.00	5		
5 Rachael Anderson	12 Mora	5-01.00	4-11.00	3.50		
5 Marlo Bristow	11 St. Cloud Ca	4-08.00	4-11.00	3.50		
7 Bridget Bednar	12 Pierz	5-02.00	4-11.00	2		
8 Marina Randt	10 Litchfield	5-02.00	4-11.00	1		

Girls Pole Vault		Meet Record: % 11-01	6/2/2010	Chelsey Pflipsen, Foley		
Name	Year School	Seed	Finals	Points		
1 Katelyn Mrozek	11 Paynesville	8-09.00	9-02.00	10		
2 Sarah Forker	12 Milaca	9-05.00	8-11.00	8		
3 Ashley Kurth	12 Foley	8-03.00	8-08.00	6		
4 Haley Kelvington	10 Foley	9-03.00	8-08.00	5		
5 Jordan Sifferle	10 Maple Lake	7-06.00	8-02.00	3.50		
5 Madison Whitcomb	10 Atwater-Cosm	8-03.00	8-02.00	3.50		
7 Mollie Graham	11 Maple Lake	8-00.00	8-02.00	1.50		
7 Callie Smith	12 Mora	8-03.00	8-02.00	1.50		

Girls Long Jump		Meet Record: % 18-07.25	2000	Amanda Thieschafer, Melrose		
Name	Year School	Seed	Finals	Wind	Points	
1 Kinlee Swanson	11 Belgrade-Bro	15-10.75	16-07.25	-0.9	10	
2 Rycheil Gjovik	9 Litchfield	15-08.25	16-02.25	2.3	8	
3 Allie Terpstra	11 Milaca	16-03.00	15-09.00	0.1	6	
4 Jordan Sifferle	10 Maple Lake	15-08.00	15-07.50	-1.2	5	
5 Katelyn Spanier	9 Paynesville	15-05.75	15-07.00	-0.1	4	
6 Jaily Brinkman	12 Melrose Area	15-06.00	15-05.75	-0.2	3	
7 Brynn Paumen	8 Maple Lake	16-00.00	15-04.50	1.1	2	
8 Gabriella Kroska	12 Pierz	15-00.50	15-01.25	-0.2	1	

Girls Triple Jump		Meet Record: % 37-00	1993	Carrie Braness, Litchfield		
Name	Year School	Seed	Finals	Wind	Points	
1 Kari Hoeft	12 Paynesville	34-03.50	35-02.50	-0.2	10	
2 Lydia Butkowski	11 Melrose Area	34-07.00	34-05.75	-0.4	8	
3 Jordan Sifferle	10 Maple Lake	33-03.00	33-11.25	1.1	6	
4 Sarina Staurseth	12 Spectrum	34-08.00	33-07.00	0.1	5	
5 Madison Brinkman	9 Melrose Area	32-02.50	33-01.00	3.1	4	
6 Jaily Brinkman	12 Melrose Area	33-08.00	33-00.25	-0.3	3	
7 Alana Brenny	10 St. John's P	31-09.00	32-04.25	1.2	2	
8 Emily Eberspacher	11 Rockford	31-10.50	32-03.00	0.5	1	

Girls Shot Put		Meet Record: % 43-03.25	1994	Janet Chapman, Sartell		
Name	Year School	Seed	Finals	Points		
1 Bailey Erickson	12 Atwater-Cosm	37-04.50	37-11.00	10		
2 Meghan Nelson	11 Litchfield	34-11.25	37-00.50	8		
3 Breanna Eischens	12 Litchfield	33-09.00	35-05.50	6		
4 Gabby Langerud	11 Holdingford	34-05.00	35-01.50	5		
5 Hannah Spaulding	11 Annandale	32-05.25	34-04.50	4		
6 Raevon Willner	11 Eden Valley-	32-09.25	33-10.00	3		

7 Caitlin Richardson	9 Milaca	33-08.00	33-00.00	2
8 Michela Gerads	9 Holdingford	30-06.00	32-11.00	1

Girls Discus Throw		Meet Record: % 144-09	1999	Kourtney Inen, Foley		
Name	Year School		Seed	Finals		Points
1 Bailey Erickson	12 Atwater-Cosm		12-11.75	115-06.00		10
2 Sadie Gertken-Egge	11 Albany		108-10	109-11.00		8
3 Angela Orr	12 Annandale		110-00	107-05.00		6
4 Lisa Neumann	11 Annandale		94-08	104-00.00		5
5 Lizzy Swanson	12 East Central		98-09	100-11.00		4
6 Amber Dahl	12 Mille Lacs		93-07	98-03.00		3
7 Raychel Virnig	11 Pierz		99-09	98-00.00		2
8 Raevon Willner	11 Eden Valley-		02-08.75	96-08.00		1

Boys 100 Meter Dash

8 Advance: Top 3 Each Heat plus Next 2 Best Times						
Meet Record: %	10.72	2000	Brandon Smith, New London-Spicer			
State A: &	10.81	2009	Skylar Jackson, Frazee			
State AA: \$	10.49	2004	Ibrahim Kabia, Champlin Park			
Nation Best: @	10.01	2008	Jeff Demps, Groveland, Fl			
	11.38	QUAL				

Name	Year School	Seed	Prelims	Wind	H#	
Preliminaries						
1 Tyler Beehler	12 Foley	10.87	11.29QQUAL	2.3	2	11.282
1 Demario Peterkin	10 Rush City	11.38	11.29QQUAL	1.2	1	11.282
3 Ryan Kurth	9 Foley	11.31	11.44Q	2.3	2	
4 Andres Almarza	12 St. Cloud Ch	11.62	11.51Q	1.2	1	
5 Chris Burg	12 Holdingford	11.34	11.45Q	2.3	2	
6 Cody Bakka	12 Maple Lake	11.45	11.55Q	1.2	1	
7 Dustin Strub	11 Maple Lake	11.68	11.66q	1.2	1	
8 Hunter Beehler	9 Foley	11.69	11.68q	1.2	1	
9 Kenneth Gilb	12 Rockford	11.69	11.73	2.3	2	
10 Tristan Zbytovsky	11 Pine City	11.90	11.86	2.3	2	11.853
10 Tavion Buchanan	12 East Central	11.81	11.86	1.2	1	11.853
12 Deshaun James	10 Eden Valley-	11.56	11.99	2.3	2	
13 Jordan Spahr	12 Pine City	11.81	12.04	1.2	1	
14 Chris Schmitz	11 New London-S	11.96	12.11	1.2	1	
15 Cole Maahs	9 Atwater-Cosm	12.32	12.14	2.3	2	
16 Austin Adams	12 New London-S	11.82	12.23	2.3	2	